

“Who is Jesus?” is a simple question. But answering the question—if we answer it correctly—leads us to one of the most profound, mind-bending realities in all the world: Jesus is the God-Man.

The way we answer, “Who is Jesus?” is, you might say, one of the most important things about us. It determines what we think about God and what he’s like, what we think about the world and what it all means, and what we think about ourselves and how we can find the thing we’re all subconsciously looking for: true life. That life is found in one place—in Jesus himself. So, who do you say that Jesus is?

SESSION'S QUESTION AND ANSWER

Who is Jesus?

Jesus is the God-Man, the second person of the Trinity who is fully God and fully human, and the only one who can redeem us and reconcile us to God.

DEEPER WALK

This section is designed to help you practice different ways to interact with God and reflect on what you’ve learned in this session. Pick at least one activity to try before the next session.

Practice 1: Prayer

As we learned in this session, Jesus is the incarnate Son of God, the second person of the Trinity. He is fully God and fully human. While the doctrine of Christ is a lofty doctrine, it’s also profoundly practical.

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One of the ways we can put the doctrine of Christ into practice and apply it to our hearts is through prayer; specifically, by praying historic prayers from church history. Consider implementing the following condensed version of the "Prayer of St. Patrick" into your morning prayer routine.

Prayer of St. Patrick

Christ shield me today.
Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ in the heart of every [person] who thinks of me,
Christ in the mouth of every [person] who speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.
Amen

Practice 2: Memorization

God’s people have a long history of memorizing his Word, from the oral cultures of the first century and before to the modern day. Scripture memory hides God’s Word in our hearts and situates it on the tip of our tongues, equipping us, encouraging us, and readying us to deliver good news to those who need it.

Make it your ambition over the next several weeks to memorize Hebrews 1:3, which we covered in the Discuss section: "The Son is the radiance of God’s glory and the exact expression of his nature, sustaining all things by his powerful word."

And if you're up for a bigger challenge, consider memorizing "the Christ hymn," a passage found in Colossians 1:15-20.

He is the image of the invisible God,
The firstborn over all creation.
For everything was created by him,
In heaven and on earth,
The visible and the invisible,
Whether thrones or dominions
Or rulers or authorities—
All things have been created
 Through him and for him.
He is before all things,
And by him all things hold together.
He is also the head of the body,
 The church;
He is the beginning,
The firstborn from the dead,
So that he might come to have
First place in everything.
For God was pleased to have
All his fullness dwell in him,
And through him to reconcile
Everything to himself,
Whether things on earth or things
 In heaven,
By making peace
Through his blood, shed on the cross.

Horizontal lines for notes or writing, consisting of 25 empty lines.

Practice 3: Community

Music is a powerful teaching tool. Think about it, as kids we learn the alphabet, our system of government, and the reality that "Jesus loves [us]" by setting it to music. It's an incredibly effective way to embed information and truth deep into our minds and hearts.

One genre of music that’s particularly effective at conveying information and ideas to its listeners is hip-hop. Its lyrics are often so poetic, clever, and catchy that they stick with us. Now, you may be wondering why we’re discussing hip-hop in a series about Jesus. It’s because we’re going to use a hip-hop song—a masterful articulation of Jesus’s divine and human natures—in this exercise as a teaching tool to examine and discuss the doctrine of Christ.

The next time you gather with your family, friend group, or church group, play the song “The Hypostatic Union” by Christian hip-hop artist Shai Linne. Be sure to pay close attention to the lyrics—he goes fast. After listening to the song (feel free to listen multiple times if necessary), spend some time discussing the lyrics as a group (you can find song lyrics online).

What phrases or lines stood out to you from the song? Did any of Shai Linne’s lyrics help you grasp Jesus’s identity better? If so, which ones?

Did any of his lyrics surprise you? Which ones, and in what way?

When you consider the song as a whole and the way Shai Linne articulated the wonder of Jesus’s identity, do you find yourself more in awe of Jesus? Are you more captivated and drawn to worship him? For what specific reasons?

In what ways can knowing these truths about Jesus and his identity encourage you on a day-to-day basis?

Practice 4: Creeds

We believe in one God,

The Father, the Almighty,
Maker of heaven and earth,
Of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

The only Son of God,
Eternally begotten of the Father,
God from God, Light from Light,
True God from true God,
Begotten, not made,
Of one being with the Father;
Through him all things were made.
For us and for our salvation
He came down from heaven:
Was incarnate of the Holy Spirit and the

Virgin Mary,

And became truly human.
For our sake he was crucified under
Pontius Pilate;
He suffered death and was buried.
On the third day he rose again
In accordance with the Scriptures;
He ascended into heaven
And is seated at the right hand of the

Father.

He will come again in glory to judge the
living and the dead,
And his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver
of life,

Who proceeds from the Father [and the
Son],
Who with the Father and the Son is
worshiped and glorified,
Who has spoken through the prophets.

Lined writing area consisting of 20 horizontal lines for notes.

We believe in one, holy, catholic, and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
And the life of the world to come. Amen.

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Why Does Jesus Matter? STUDY GUIDE

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